

FIGURED FOUNDATIONS

A life-skills programme. For growing up.

Think clearly. Work with others. Take ownership.

A child may know the answer and still need practice explaining a need, weighing a choice or following through. Foundations gives these capabilities a deliberate place to grow together.



The proposed starting format

Proposed six weekly 90-minute sessions. Initial in-person design for 4-6 learners aged 9-12. In preparation.

Register interest: figured.co/figured-foundations

Find a voice. Make a plan. Handle the unexpected.

Each session brings clear thinking, relationships and responsibility into the same activity. Learners receive guidance, use feedback and make another attempt.

01 / Begin	Find a starting point. Try a shared challenge, notice what helps and choose one personal practice goal.
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02 / Connect	Explain a view. Hear another. Practise a clear request, a useful question and checking what another person meant.
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03 / Decide	Make a choice you can explain. Compare options, a budget and prepared information. Check a plausible AI claim.
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04 / Own it	Make the plan work. Agree responsibilities and check-ins. Adapt to a change and ask for appropriate help.
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05 / Work through it	Disagree and find a way forward. Rehearse a boundary, a calm response and a workable next step in a fictional disagreement.
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06 / Bring it together	Use the skills in a new challenge. Make a shared plan, test a small version, use feedback and choose the next everyday practice.
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Work they can show. A next step they understand.

A first attempt	A practical goal and a record of the initial approach.
Plans and decisions	A planning sheet, choice-and-reason notes and a shared-responsibility map.
Feedback and revision	What the learner heard, the support used and something they changed.
A reflection	A drawing, written account or supported conversation about what helped and what to practise next.
A parent handover	A concise account of the work and one realistic opportunity to use the learning at home.

One connected example

A group plans a welcome activity with different preferences, limited time and a fictional budget. A change in the brief creates a reason to listen, check information, share responsibility and revise the plan.

These are intended outputs from supported practice. Longer-term use is reviewed separately from what happens in a session.

Start here. Keep growing.

THE CORE PROGRAMME

A connected first sequence.

Foundations is initially designed for ages 9–12, with 4–6 learners in person across six weekly 90-minute sessions. An existing friend group can enquire together. Suitability also depends on the learners, setting and support needed.

BEYOND FOUNDATIONS

More of life to take on.

Optional applied labs explore a particular setting. The Business Challenge is one example. Our longer-term curriculum vision adds practical independence, money, digital judgement and future direction as learners grow. Later pathways remain planned.

BEFORE A PLACE IS AGREED

A clear plan for the actual learner.

We complete curriculum review and rehearsal, then confirm the facilitator, participation support, supervision, venue, all six dates, fees and terms. School adaptations are scoped separately. Foundations is in preparation; no public cohort date is confirmed.

Begin at figured.co/contact