

LIFE-SKILLS PROGRAMMES / SINGAPORE

An education for the rest of life.

Figured is an alternative school for the human and practical skills of growing up.

Think clearly. Work with others. Take ownership. A connected education beyond academics, alongside school and home.



Begin with Figured Foundations, our core life-skills programme in preparation. Explore individual learning, applied labs and workshops for parents and schools.

Explore the programmes at figured.co/learning

Growing up. Into a life of their own.

From finding the words to speak up today, to making the choices that shape tomorrow. The same capabilities deepen as a young person takes on more of life.

01 Find their voice.

A stronger sense of self. Recognise what matters, express a need and understand another person.

02 Build their judgement.

A wider world of choices. Weigh options, check information and navigate influence, AI and digital life.

03 Take ownership.

More responsibility of their own. Manage plans, people, time and money; adapt when circumstances change.

04 Choose their direction.

A future they help shape. Explore strengths and possibilities across study, work and contribution.

A curriculum vision for ages 6–18. Foundations is initially designed for ages 9–12. Later age pathways, practical independence and future-direction programmes are planned. Children can enter at different points and revisit skills as they grow.

Figured Foundations.

Life skills, connected.

A connected starting point in thinking clearly, working with others and taking ownership. Learners return to these capabilities through six changing everyday challenges.

01 / Begin	Find a starting point. Try a shared challenge, notice what helps and choose one personal practice goal.
02 / Connect	Explain a view. Hear another. Practise a clear request, a useful question and checking what another person meant.
03 / Decide	Make a choice you can explain. Compare options, a budget and prepared information. Check a plausible AI claim.
04 / Own it	Make the plan work. Agree responsibilities and check-ins. Adapt to a change and ask for appropriate help.
05 / Work through it	Disagree and find a way forward. Rehearse a boundary, a calm response and a workable next step in a fictional disagreement.
06 / Bring it together	Use the skills in a new challenge. Make a shared plan, test a small version, use feedback and choose the next everyday practice.

Six connected sessions

Proposed six weekly 90-minute sessions. Initial in-person design for 4–6 learners aged 9–12. In preparation. Suitability, preparation, the facilitator, setting, dates, support and total fees are agreed before booking.

See the core programme: figured.co/figured-foundations

A format that fits. A goal worth practising.

ONE-TO-ONE LEARNING

One learner. A practical goal.

A 55–60-minute introduction around explaining a need, weighing a choice, making a plan or rehearsing an everyday conversation. An optional four-session continuation returns to the agreed goal in different situations. By arrangement.

OPTIONAL APPLIED LAB

The Business Challenge.

Create an offer, set a price, negotiate and adapt in a guided business simulation. Four weekly 90-minute sessions; initial in-person design for 4–6 learners aged 9–12. Customers and money are simulated. By arrangement, following preparation.

SCHOOL HOLIDAY LEARNING

Use the school break well.

Explore individual sessions, continuing groups or a 90-minute hosted family introduction. An accompanying adult participates throughout a hosted family workshop. The named programme, scope and availability are agreed first.

Suitability, preparation, the facilitator, setting, dates, support and total fees are agreed before booking.

Compare formats: figured.co/formats

Growing up happens at home, too.

YOUR CHILD AND AI

Useful tools. Their own thinking.

Work through useful assistance, checking answers, privacy and age-appropriate expectations. Compare examples and draft a family AI agreement. Children do not need their own AI accounts for Figured activities.

BEYOND CONSTANT REMINDING

A little more of their own.

Choose one realistic responsibility. Agree the support, rehearse a useful conversation and build a small home practice plan. Initial design for parents of children aged 9–12.

Both workshops are in preparation

Proposed 60–75-minute online sessions, including an exercise and questions. A school or community host can discuss an adaptation. Relevant facilitator expertise, audience and scope are agreed first.

These are educational workshops. Figured does not provide clinical assessment, treatment or family therapy.

Explore parent learning: figured.co/parent-learning

A broader education. A shared commitment.

For students	Discuss a Figured Foundations adaptation, the focused six-session Speak, Connect & Lead programme, or a scoped introductory workshop. School formats have their own cohort size, staffing and timetable.
For parents	Commission a practical workshop on AI at home or everyday independence, with an agreed audience, facilitator and learning purpose.
For educators	Teaching Through Practice is a learning-design clinic in preparation. An AI-specific educator clinic is a future development direction.

A USEFUL FIRST CONVERSATION

Tell us where the learning could help.

Share the age band, school or family setting, one general learning goal and possible dates. We discuss fit and preparation, then provide a defined scope. Please leave child names, diagnoses and private reports out of an initial enquiry.

School partnerships: figured.co/schools

Programme enquiries: figured.co/contact

Learn more in the Figured Journal: figured.co/journal