

YOUR CHILD AND AI

A practical parent workshop on AI.

Help children use powerful tools while developing their own thinking. Work from prepared examples and ordinary family decisions.

Assistance or replacement?	Compare help that opens up thinking with an answer that does the work for the learner.
What needs checking?	Identify a claim, choose a reliable source and discuss how the child explains a tool-assisted answer.
What belongs in a family agreement?	Consider privacy, age context, disclosure, independent thinking and when to ask an adult.

What parents take away

A draft family AI agreement and one conversation to try at home.

Proposed 60–75-minute online workshop with an exercise and questions. Your child does not need to enrol. Hosted adaptations can be discussed. Relevant facilitator expertise, audience, dates and total fees are agreed first.

Educational learning. No clinical assessment, treatment or family therapy is provided. Initial independence-workshop design is for parents of children aged 9–12.

Enquire: figured.co/parent-learning

BEYOND CONSTANT REMINDING

A practical parent workshop on growing independence.

Choose one everyday responsibility and agree what the child can own, what support remains useful and when an adult needs to step in.

Choose a realistic responsibility.

Preparing for an activity, organising belongings or following through on an agreed task.

Rehearse the conversation.

Discuss reasonable choices, needed support and a review point using fictional examples.

Try a small home plan.

Agree a manageable attempt and adjust the support after seeing what happens.

What parents take away

A home practice plan for one responsibility, with clear support and a check-in.

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